

# NewVIC Sports Academy



## Our mission:

"We aim to **(1)** enhance the quality and level of sporting achievement of all individuals and teams from recreational to elite level, and **(2)** encourage and support students wanting to play, coach, lead and officiate sport."



The NewVlc Sports Academy is open to all students keen to keep fit, try new sports, lead and compete. For the more serious players, there are opportunities to trial for selection into one of our elite sports academies.

## Participation for all



The multi gym is available for all students to use from **10.30 am – 6 pm daily** (with dedicated women's only sessions).

The outdoor Muti-Use Games Area (MUGA) is available for students to use for tennis, football, netball, basketball, table tennis, outdoor fitness and cricket, with their friends from **9.00 am – 6.00 pm daily**, with equipment available on loan from the Sports Academy Team.

### Sports open to all students during lunchtime and after college include:

- archery
- athletics
- badminton
- basketball
- cricket
- disability sports
- football
- netball
- non-contact boxing
- rowing (indoor & on water)
- rugby
- swimming
- table tennis
- tennis
- trampolining

## Competitive opportunities

The college competes in weekly AoC Sport leagues, cups, regional and national championships, along with various London and Essex cups on Wednesday afternoons (during enrichment time) in the following sports:

- ability counts football
- athletics
- badminton
- cheerleading
- men's basketball
- women's basketball
- cricket
- men's football
- women's football
- netball
- rugby
- table tennis
- trampolining



# Elite academies

The NewVlc sports academy runs the following three intensive and elite programmes:



### NewVlc Basketball Academy

NewVlc offers talented 16-19 year olds the opportunity to play elite level college basketball, competing against the best in London and the UK through affiliation to AoC Sport.

The Basketball Academy selects 16 players each year, who have the potential to achieve excellence in basketball with ambitions of pursuing a sporting career. The academy offers a minimum of 10 hours of elite coaching per week.

As a key partner, the University of East London (UEL) provides access to scholarship applications for elite players wishing to progress to higher education.



### NewVlc Cricket Academy

NewVlc offers talented 16-19 year olds the opportunity to play elite level college cricket, competing against the best in Essex, London and the country through the Essex and London Schools Cricket Cups and AoC Sport indoor and outdoor leagues.

Twenty students are selected each year to receive a minimum of 10 hours per week of elite coaching from our performance and development cricket coach.

The Cricket Academy has strong links with several cricket clubs and players are referred for county trials to Essex, Middlesex and Surrey if deemed strong enough.

A number of NewVlc players have progressed to university on cricket scholarship schemes.



### NewVlc Sports Leadership Academy

The Sports Leadership Academy provides high quality training and development for students who are committed to sports volunteering or coaching and intend to pursue a career in sport.

The Academy is nationally accredited by Sports Leaders UK (SLUK).

Sports Leadership Academy members have the opportunity to attend a wide range of courses including safeguarding, first aid, inclusive coaching, Sports Leaders UK level 2 / 3 and National Governing Body level 1 and 2 coaching qualifications to the value of £200 per year.

Participants volunteer in a range of sporting clubs and environments which has often led to students gaining work at school holiday programmes and even full or part-time employment. NewVlc sports leaders are also eligible for the NewVlc Leadership Bursary.

## Support for gifted and talented athletes

Students identified as gifted & talented in sports at regional & national level are offered support on an individual basis dependent upon their need. Examples include supporting the costs of specific equipment required to compete at elite level, or transport costs to national level competitions.



## Inclusive sport



NewVic offers an inclusive Ability Counts sports programme for students with physical disabilities and learning difficulties.

Having adopted Interactive's 'Inclusive and Active 2' kite mark, all staff within the team are trained in delivering adapted sports, and offer a wide programme of opportunities.

In addition we employ a Disability Sports Activator, Paul Archer, who is a specialist in adapted and Paralympic Sports.

### Some of the opportunities provided each year include:

- **Ability Counts Football Squad**  
(sponsored by Car4Leasing)  
training every Friday afternoon and competing every 6 weeks.
- **Ability Counts Multi Sports Club**  
offering opportunities to take part in Paralympic Sports one lunch time per week
- **NewVic Stars Cheerleading Squad**  
coached by Ascension Eagles  
Cheerleading Club

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